

24th January 2019



INGOLDMELLS ACADEMY

Dates for
your
diary.....

Friday 25th January -Year 5 and 6 to Cadbury World

Friday 25th January - A group from KS2 will be taking part in a musical event at Louth Riverhead Theatre.

Monday 28th January - Swimming resumes for The Blue Whale Class.

Tuesday 29th January - Starfish and Penguin Classes to Lincoln Castle.

Friday 1st February - Celebration Assembly.

Friday 1st February - Year 2 to Skegness Academy to take part in a dance festival - more details to follow.

Friday 15th February - Break for half term.

Monday 25th February - Return to school.

Say goodbye
to head lice

Head lice are highly contagious
and dangerous parasites!



Twice a Week Take a Peek!

Head lice are always about.

Head lice and nits are very common in young children and their families. They don't have anything to do with dirty hair and are picked up by head-to-head contact.

Please check your child's hair regularly.

See the advice on the reverse of this letter.

Mini Police



Our Mini Police have been out and about in Ingoldmells with PCSO Nik Whitwham displaying posters in local shops and public places to share the message around social responsibility. A very important message! Keep your eye open for the posters created by the children!



Thank You Fantasy Island

A big thank you to Fantasy Island who have stepped in to save the day for our older children who last year, due to a road traffic accident on the motorway, were prevented from reaching Cadbury's World and had to spend several hours on a very hot coach going nowhere! Fantasy Island heard of this unfortunate event and has very kindly donated the money to fund the coach so as the visit for those children will now take place.



As you know for the past few years we have taken the children to see the pantomime at the Embassy Theatre, before we break up for Christmas. This year was set to have been the last year we would have been able to do this, due to the cost to school becoming too great. However, it has been decided that as the children enjoy this experience so much we will once again book for the pantomime, Christmas 2019, and will use the monies raised from the Christmas Fayre 2018 to help fund the trip. So, thank you on behalf of the children to everyone who supported our Christmas Fayre, the monies r



How to get rid of head lice

Treat head lice as soon as you spot them.

You should check everyone in the house and start treating anyone who has head lice on the same day.

There's no need to keep your child off school if they have head lice.

Wet combing

Lice and nits can be removed by wet combing. You should try this method first.

You can buy a special fine-toothed comb (detection comb) online or from pharmacies to remove head lice and nits.

There may be instructions on the pack, but usually you:

- wash hair with ordinary shampoo
- apply lots of conditioner (any conditioner will do)
- comb the whole head of hair, from the roots to the ends

It usually takes about 10 minutes to comb short hair, and 20 to 30 minutes for long, frizzy or curly hair.

Do wet combing on days 1, 5, 9 and 13 to catch any newly hatched head lice. Check again that everyone's hair is free of lice on day 17.

Medicated lotions and sprays

Ask your pharmacist for advice if you have tried wet combing for 17 days, but your child still has live head lice.

They may recommend using medicated lotions and sprays. These kill head lice in all types of hair, and you can buy them from pharmacies, supermarkets or online.

Head lice should die within a day. Some lotions and sprays come with a comb to remove dead lice and eggs.

Some treatments need to be repeated after a week to kill any newly hatched lice.

Check the pack to see if they're OK for you or your child and how to use them.

If lotions or sprays don't work, speak to your pharmacist about other treatments.

You can't prevent head lice

There's nothing you can do to prevent head lice.

You can help stop them spreading by wet or dry combing regularly to catch them early.

Do not use medicated lotions and sprays to prevent head lice. They can irritate the scalp.

There's no need for children to stay off school or to wash laundry on a hot wash.