



Dear Parent/Carer

As part of the school's Personal, Social and Health Education Programme, your child receives lessons based on relationships, health and well-being and living in the wider world of which further information can be found on our website. All lessons are age appropriate. Please see the table below for a further breakdown of each area and what it may include.

Core Theme 1: Health and Wellbeing	Core Theme 2: Relationships	Core Theme 3: Living in the Wider World
Topic areas: Healthy Lifestyles Keeping Safe Growing and Changing	Topic areas: Healthy Relationships Feelings and Emotions Valuing Difference	Topic areas: Rights and Responsibilities Taking Care of the Environment Money

Part of the PSHE curriculum looks at relationships, with the aim being to provide knowledge and understanding of safe and healthy relationships based on love and respect. This is to encourage the eventual development of safe and healthy relationships in later life. The unit will develop understanding and attitudes which will help pupils to form relationships in a responsible and healthy manner and to appreciate the value of stable family life, including the responsibilities of parenthood and marriage.

Relationships are seen in the broad meaning of the word and include; getting on with friends in the classroom/ on the playground, listening to the views of others, being respectful to one another. Children are also taught what is appropriate in a relationship, be it with children or adults in school or out of school so that our children are able to help keep themselves safe in a variety of different situations.

Within the Science National Curriculum at Upper Key Stage 2 (Y5/6), it is statutory to teach pupils about the changes that occur as humans develop and about sexual reproduction in some plants and animals. Describing the changes as humans develop must include teaching about puberty, which is a principal change for humans as they develop and grow older.

You may have questions about the distinction between sex and relationships education (SRE) delivered through PSHE education and the study in science lessons of reproduction and human development. Such learning both boosts children's knowledge of human biology and helps pupils to stay healthy and safe as they grow up. The aim of teaching about this in the primary curriculum is to allow the school and parents to work in partnership to keep children knowledgeable and safe as they grow up.

Please note that;

Parents/Carers can withdraw their children from all or part of sex education that does not form part of the statutory National Curriculum. If you wish to withdraw your child from the lessons on sexual health and safe relationships would you please drop a letter into the office to let us know. Before you do this please take the opportunity to look at the information on the website and also please come along to one of our parent/carer information sessions on the 4th April (see overleaf).

P. Maycock (Principal)



PSHE Parent / Carer Information Sessions to be held on:

Thursday 4th April

Reception - 10am – 10.30am

Year 1 / 2 – 11am – 11.30am

Year 3/ 4 – 1.30pm – 2.30pm

Year 5/ 6 – 2.30pm – 3pm

Unfortunately this is the earliest opportunity for these sessions to take place. If you do have any concerns, please do read the information on the website. If after this you still feel you would like to discuss your concerns before the meeting date on the 4th April, please make an appointment to meet with me.

Kind Regards

P. Maycock

Principal