



Our intent - We aim to...

PE

Develop pupils' confidence, competence and enjoyment in a wide range of physical activities enabling them to lead healthy and active lives.

Promote teamwork, cooperation and communication, helping children to work positively with others and show respect in competitive and non-competitive situations.

Encourage children to challenge themselves, persevere through difficulties and celebrate personal achievement and improvement.

Build physical literacy through the development of fundamental movement skills, balance, coordination and agility.

Provide all pupils with opportunities to participate, succeed and develop a lifelong love of sport and physical activity.



Implementation – How do we achieve this...

Our Curriculum

At Ingoldmells Academy, we follow the **Primary PE Planning** scheme of work, which provides a progressive curriculum aligned with the National Curriculum. Through carefully sequenced lessons, pupils develop and build upon key skills, knowledge and confidence across a range of physical activities. Our PE curriculum promotes health, wellbeing and a lifelong enjoyment of being active.

Progression in PE

We follow a structured and progressive curriculum where physical skills are revisited, practised and refined throughout a child's primary education.

Children begin by developing fundamental movement skills, including balance, coordination and agility, before applying these skills within increasingly complex activities such as games, gymnastics, dance, athletics and outdoor adventurous activities.

As pupils progress through school, they become more confident in selecting, applying and evaluating skills and tactics. Opportunities for reflection, teamwork and challenge help children develop resilience, leadership and sportsmanship alongside their physical competence.

Key Themes



Key Concepts



Impact – How will we know if we have achieved this?

Children at Ingoldmells Academy will develop the confidence, skills and motivation to participate successfully in a wide range of physical activities. They will understand the importance of healthy, active lifestyles and develop key movement, teamwork and decision-making skills. By the end of primary school, pupils will be confident, resilient and respectful learners who enjoy being active and are equipped for lifelong participation in physical activity.