



JB's Sports Coaching Ltd

Greenwood Dale Academies Long Term Plan and Competition Calendar

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Reception	Introduction to Balls	Fundamental Movement Skills	Bat and Ball Skills	Spatial Awareness and FMS	Sending and Receiving	Athletics
KS1	Dribbling, Kicking, Hitting (relating to football skills)	Gymnastics – Floor skills including small apparatus	Bat and Ball Skills	Dribbling, Kicking, Hitting (relating to hockey skills)	Throwing and Catching	Athletics
KS2	Invasion – Football	Gymnastics – Floor skills including small apparatus	Net and Wall – Short Tennis	Invasion - Hockey	Striking and Fielding – Cricket	Athletics
Competition	Yr 5/6 Football	No Competition	Yr 3/4 Short Tennis	Year 3/4 Quicksticks	Yr 1/2 Multi Skills Festival	Yr 1/2 Mini Olympics
Clubs	Basketball KS1	Multiskills KS1	Tennis KS2	Hockey KS2	Rounders KS2	Athletics KS1