

Silloughby Foods Ltd
"Healthy school meals children can't get enough of"

Lunch Menu w/c 1st September '25

TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Roast Chicken, Steamed Potatoes, Mixed Vegetables & GF Gravy	Homemade Lasagne & Mixed Vegetables	Meatballs in a Homemade Tomato Sauce, Pasta & Broccoli	Fish Star, Potato Wedges, Peas & Ketchup
Quorn Fillet in Gravy, Steamed Potatoes, Mixed Vegetables & GF Gravy	Quorn Lasagne & Mixed Vegetables	Vegetarian Meatballs in a Homemade Tomato Sauce, Pasta & Broccoli	Vegetable Burger, Potato Wedges, Peas & Ketchup
Egg Mayonnaise Baguette served with Carrot Sticks, Gingebread Men & Fruit	Ham Sandwich, Cucumber, Shortbread & Fruit	Cheese Sandwich, Vegetable Sticks, Yoghurt & Fruit	Ham Roll, Crunchy Vegetable Sticks, Doughnut & Fruit
Jacket Potato with Cheese & Salad	Jacket Potato with Tuna Mayonnaise & Salad	Jacket Potato with Mini Sausages & Beans and Broccoli	Jacket Potato with Cheese & Beans
Fruit Salad or Fruit	Yoghurt or Fruit	Homemade Apple Cake or Fruit	Doughnut or Fruit

Lunch Menu w/c 8th September '25

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sweet & Sour Chicken, Rice & Vegetables	Lincolnshire Chipotatas, Mashed Potato & Beans	Roast Chicken, Potatoes, Mixed Vegetables & GF Gravy	Cheese & Tomato Pizza, Potato Wedges & Cucumber Slices	Fish Fingers, Crispy Cube Potatoes, Peas & Ketchup
Sweet & Sour Quorn Pieces, Rice & Vegetables	Vegetarian Sausage, Mashed Potato & Beans	Cheese & Onion Pasty, Potatoes & Mixed Vegetables	Sweet Potato Falafel, Potato Wedges & Cucumber Slices	Vegetable Fingers, Crispy Cube Potatoes, peas & Ketchup
Cheese Sandwich, Vegetable Sticks, Soreen Loaf & Fruit	Ham Baguette, Carrot Sticks, Shortbread & Fruit	Tuna & Mayonnaise Sandwich, Cucumber Slices, Soreen Loaf & Fruit	Ham Wrap, Cucumber Slices, Jelly & Fruit	Cream Cheese Bagel, Vegetable Sticks, Yogurt & Fruit
Jacket Potato with Cheese & Salad	Jacket Potato with Meatballs (contains pork) in Tomato & Herb Sauce & Salad	Jacket Potato with Sliced Ham & Salad	Jacket Potato with Beans & Cucumber Slices	Jacket Potato with Traditional Bolognese (contains pork) & Peas
Shortbread & Milk or Fruit	Homemade Chocolate Cake with Butter Cream Topping or Fruit	Yoghurt or Fruit	Fruit Crumble with Custard or Fruit	Fruity Jelly or Fruit

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Lunch Menu w/c 15th September '25

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Cowboy Chicken, Rice, Peas, Carrots & Sweetcorn	Cheese Topped Bolognese Pasta Bake & Broccoli	Lincolnshire Chipolatas, in GF Gravy, Potato, Mixed Vegetables	Creamy Chicken Korma, Rice, Vegetables & Naan Bread	Fish Cake, Mashed Potato & Beans
Cowboy Quorn, Rice, Peas, Carrots & Sweetcorn	Cheese Topped Quorn Bolognese Pasta Bake & Broccoli	Vegetarian Sausage in GF Gravy, Potato & Mixed Vegetables	Creamy Quorn Korma, Rice, Vegetables & Naan Bread	Vegetable Fingers, Mashed Potatoes & Beans
Ham Sandwich, Cherry Tomatoes, Yoghurt & Fruit	Egg Mayonnaise Baguette, Cucumber Slices, Cupcake & Fruit	Cheese Sandwich, Vegetable Sticks, Soreen Loaf & Fruit	Chicken Sandwich, Crunchy Vegetable Sticks, Yoghurt & Fruit	Cheese & Onion Lattice, Cherry Tomatoes, Fruit Pot & Shortbread
Jacket Potato with Cheese & Salad	Jacket Potato with Beans & Broccoli	Jacket Potato with Traditional Bolognese & Mixed Vegetables	Jacket Potato with Tuna & Mayonnaise & Salad	Jacket Potato with Chicken, Bacon, Sweetcorn & Mayonnaise & Salad
Orange Drizzle Cake or Fruit	Melon or Fruit	Yoghurt or Fruit	Homemade Chocolate Marble Loaf or Fruit	Cinnamon & Apple Swirl or Fruit

Healthy School Meals (Children can't get enough of)

Lunch Menu w/c 22nd September'25

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sweet Chilli Chicken Noodles & Broccoli	Traditional Meatballs in Tomato Sauce, Pasta Spirals & Green Beans	Roast Pork, Potatoes, Cabbage, Carrots & GF Gravy	Cheese & Tomato Pizza with Potato Wedges & Salad	Fish Fingers, Crispy Cube Potatoes, Peas & Ketchup
Quorn & Sweet Chilli Noodles & Broccoli	Vegetarian Meatballs in Tomato Sauce, Pasta Spirals & Green Beans	Cheese Topped Peppers filled with Lentils & Vegetables, Cabbage & Carrots	Southern Style Quorn Burger, Potato Wedges & Salad	Vegetarian Sausage, Crispy Cube Potatoes, Peas & Ketchup
Cheese Sandwich, Crunchy Vegetable Sticks, Yoghurt & Fruit	Sausage Roll, Crunchy Vegetables Sticks, Yoghurt & Fruit	Ham Sandwich, Cucumber Slices, Homemade Muffin & Fruit	Cream Cheese Bagel, Cucumber Slices, Homemade Muffin & Fruit	Chicken Sandwich, Crunchy Vegetable Sticks, Homemade Muffin & Raisins
Jacket Potato with Beans & Salad	Jacket Potato with Sausages in Gravy & Green Beans	Jacket Potato with Cheese & Salad	Jacket Potato with Tuna Mayonnaise & Salad	Jacket Potato with Cowboy Chicken & Peas
Yoghurt or Fruit	Flapjack or Fruit	Shortbread & Milk or Fruit	Fruit Tart or Fruit	Fruit Crumble & Custard or Fruit

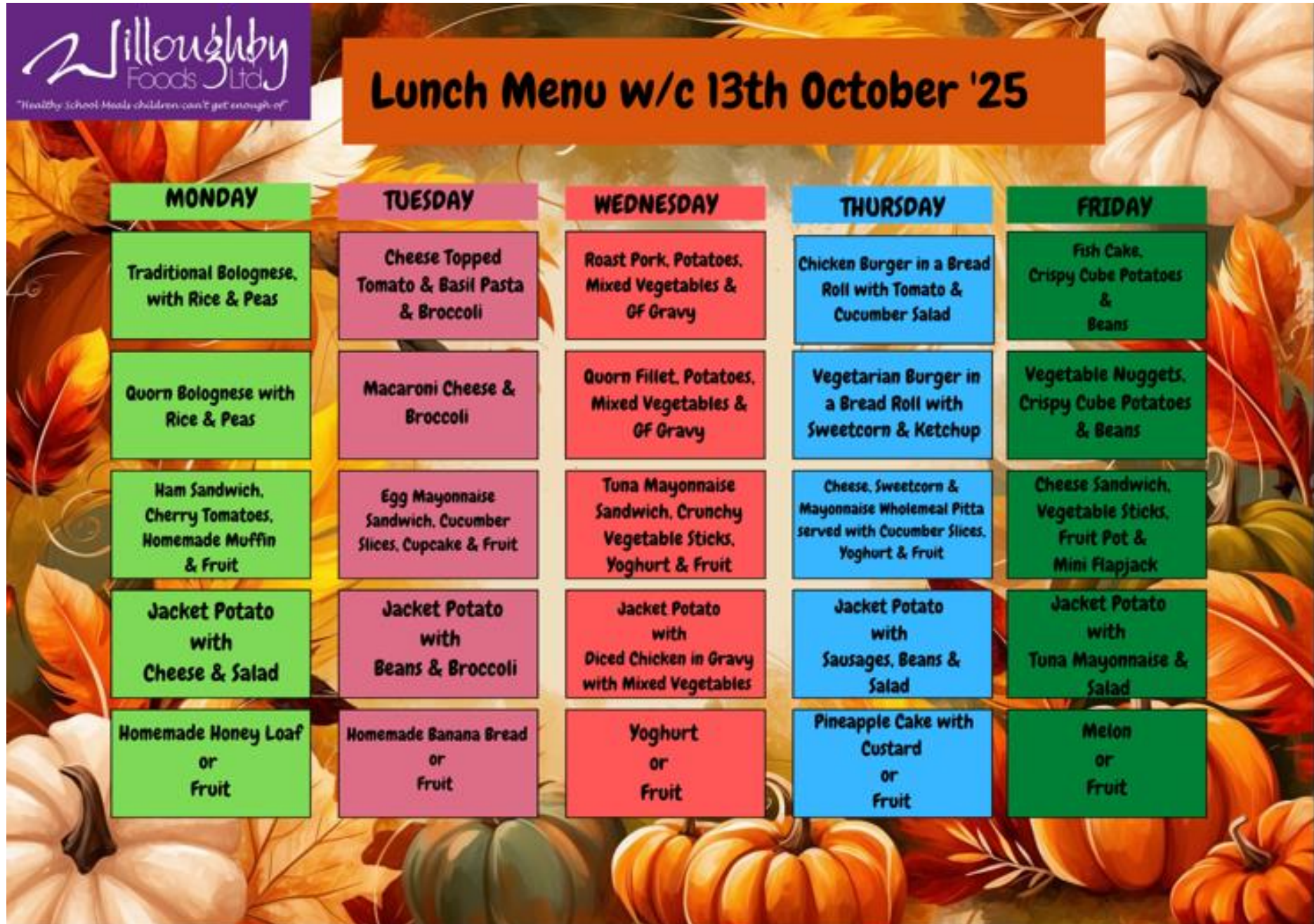
Lunch Menu w/c 29th September '25

MONDAY	TUESDAY	WEDNESDAY	CENSUS DAY	FRIDAY
Traditional Bolognese (contains pork) with Rice & Carrots	Creamy Ham & Mushroom Pasta with Green Beans	Roast Chicken, Potatoes, Mixed Vegetables and GF Gravy	Burger in a Bun with Salad & Ketchup	Fish Star, Creamy Mashed Potato & Beans
Quorn Bolognese with Rice & Carrots	Macaroni Cheese with Green Beans	Quorn Fillet, Potatoes, Mixed Vegetables and GF Gravy	Vegetarian Burger in a Bun with Salad & Ketchup	Vegetable Fingers, Creamy Mashed Potato & Beans
Cheese Sandwich, Cherry Tomatoes, Yoghurt & Fruit	Chicken Wrap, Cucumber Slices, Muffin & Fruit	Ham Sandwich, Vegetable Sticks, Yoghurt & Fruit	Cream Cheese Bagel, Cucumber, Fruit & Cookie	Tuna Mayonnaise Roll, Vegetable Sticks, Homemade Muffin & Fruit
Jacket Potato with Beans & Salad	Jacket Potato with Sliced Ham & Salad	Jacket Potato with Traditional Bolognese & Mixed Vegetables	Jacket Potato with Sausage, Beans & Salad	Jacket Potato with Cheese & Salad
Homemade Banana Loaf or Fruit	Homemade Fruit Sponge & Custard or Fruit	Yoghurt or Fruit	Cookie or Fruit	Ice Cream & Wafer or Fruit

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 "Wouldn't you just love children who don't get enough of it?"

Lunch Menu w/c 6th October '25

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BBQ Chicken, Rice & Sweetcorn	Pasta in a Tomato & Basil Sauce with Salad	Sausages in GF Gravy, Potatoes & Mixed Vegetables	Cheese & Tomato Pizza, Potato Wedges & Cucumber	Fish Fingers, Mashed Potato, Peas & Ketchup
BBQ Quorn, Rice & Sweetcorn	Cheese Topped Vegetable Pasta with Salad	Vegetarian Sausages in GF Gravy, Potatoes & Mixed Vegetables	Sweet Potato Falafel, Potato Wedges & Cucumber	Cheese Topped Crispy Potato Skins with Peas & Ketchup
Cheese Sandwich, Cucumber, Homemade Muffin & Fruit	Egg Mayonnaise Baguette served with Carrot Sticks, Gingerbread Men & Fruit	Ham Sandwich, Crunchy Vegetable Sticks, Muffin & Fruit	Chicken Sandwich, Crunchy Vegetable Sticks, Yoghurt & Fruit	Cheese & Cucumber Wrap, Vegetable Sticks, Yoghurt & Fruit
Jacket Potato with Tuna Mayonnaise	Jacket Potato with Cheese & Beans	Jacket Potato with Homemade Coleslaw	Jacket Potato with Beans & Cucumber	Jacket Potato with Sweet & Sour Chicken & Peas
Yoghurt or Fruit	Fruity Jelly or Fruit	Shortbread & Milk or Fruit	Apple & Cinnamon Swirl or Fruit	Ice Cream & Fruit or Fruit



The menu is presented in a grid format with a decorative autumn background of pumpkins and leaves. The title 'Lunch Menu w/c 13th October '25' is in a large orange banner at the top. The days of the week are in colored headers: Monday (green), Tuesday (pink), Wednesday (red), Thursday (blue), and Friday (green). Each day has five menu items in corresponding colored boxes.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Traditional Bolognese, with Rice & Peas	Cheese Topped Tomato & Basil Pasta & Broccoli	Roast Pork, Potatoes, Mixed Vegetables & GF Gravy	Chicken Burger in a Bread Roll with Tomato & Cucumber Salad	Fish Cake, Crispy Cube Potatoes & Beans
Quorn Bolognese with Rice & Peas	Macaroni Cheese & Broccoli	Quorn Fillet, Potatoes, Mixed Vegetables & GF Gravy	Vegetarian Burger in a Bread Roll with Sweetcorn & Ketchup	Vegetable Nuggets, Crispy Cube Potatoes & Beans
Ham Sandwich, Cherry Tomatoes, Homemade Muffin & Fruit	Egg Mayonnaise Sandwich, Cucumber Slices, Cupcake & Fruit	Tuna Mayonnaise Sandwich, Crunchy Vegetable Sticks, Yoghurt & Fruit	Cheese, Sweetcorn & Mayonnaise Wholemeal Pitta served with Cucumber Slices, Yoghurt & Fruit	Cheese Sandwich, Vegetable Sticks, Fruit Pot & Mini Flapjack
Jacket Potato with Cheese & Salad	Jacket Potato with Beans & Broccoli	Jacket Potato with Diced Chicken in Gravy with Mixed Vegetables	Jacket Potato with Sausages, Beans & Salad	Jacket Potato with Tuna Mayonnaise & Salad
Homemade Honey Loaf or Fruit	Homemade Banana Bread or Fruit	Yoghurt or Fruit	Pineapple Cake with Custard or Fruit	Melon or Fruit

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Lunch Menu w/e 20th October '25

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Ham & Mushroom Pasta & Green Beans	Lincolnshire Chipolatas, Mashed Potato & Peas	Roast Chicken in GF Gravy, Potatoes & Mixed Vegetables	Cheese & Tomato Pizza, Potato Wedges & Salad	Fish Shapes, Crispy Cube Potatoes & Beans
Macaroni Cheese & Green Beans	Vegetarian Sausage, Mashed Potato & Peas	Cheese & Onion Pasty, Potatoes & Mixed Vegetables	Sweet Potato Falafel, Potato Wedges & Salad	Vegetable Nuggets, Crispy Cube Potatoes & Beans
Ham Baguette, Cherry Tomatoes, Soreen Loaf & Fruit	Cheese Sandwich, Vegetable Sticks, Gingerbread Men & Fruit	Tuna & Mayonnaise Sandwich, Cucumber Slices, Soreen Loaf & a Piece of Fruit	Ham Wrap, Cucumber Slices, Jelly & Fruit	Chicken Sandwich, Vegetable Sticks, Yoghurt & Fruit
Jacket Potato with Cheese & Salad	Jacket Potato with Meatballs & Peas	Jacket Potato with Sweet & Sour Chicken & Mixed Vegetables	Jacket Potato with Sliced Ham & Salad	Jacket Potato with Beans & Salad
Yoghurt or Fruit	Fruit Salad or Fruit	Polish Apple Cake or Fruit	Cookie or Fruit	Ice Cream or Fruit