

Year Group	Concepts/NC Aims	Autumn		Spring		Summer	
		Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
EYFS	Personal, social and emotional development Physical Development Expressive Arts and Design	Swimming	Gymnastics	Balanceability	Simple striking and fielding	OAA	Playground games
1/2	Develop competence to excel in a broad range of physical activities	Basketball	Bat and ball skills	Hockey	Multiskills	OAA	Athletics
		Swimming	Gymnastics	Balanceability	Dance	Tennis	Rounders
3/4	Are physically active for sustained periods of time	Basketball	Badminton	Hockey	Cricket	OAA	Athletics
		Swimming	Gymnastics	Dance	Health-related exercise	Tennis	Rounders
5	Lead healthy, active lives	Basketball	Badminton	Hockey	Cricket	OAA	Athletics
		Swimming	Gymnastics	Dance	Health-related exercise	Tennis	Rounders
6		Basketball	Badminton	Hockey	Cricket	OAA	Athletics
		Swimming	Gymnastics	Dance	Health-related exercise	Tennis	Rounders

Delivered by JB (CPD)