

Physical Education Curriculum Journey Intent Statement

At Ingoldmells Academy we will provide a high-quality, inclusive, progressive PE Curriculum Journey which aims to ensure that our children:

- *Aspire to achieve their best in all aspects of their learning*
- *Become confident, resilient, independent and capable learners*
- *Are physically active for sustained periods of time and learn how to develop and lead healthy, active lives, engaging in positive life habits and increased fitness and well-being*
- *Develop the skills, knowledge and understanding to participate and succeed in a broad range of physical activities and competitive opportunities*
- *Develop leadership and team-building skills and learn how to cooperate and collaborate with others, as part of a team, understanding fairness, respect and tolerance*
- *Have opportunities to experience and become physically literate in a broad range of activities*
- *Develop their personal, social and cognitive skills*

This will be assessed against objectives either on a weekly or termly basis depending on the skills being taught.



The Ingoldmells Academy is part of the Greenwood Academies Trust

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 A list of Directors is available for inspection at the registered office, Greenwood House, Private Road No 2, Colwick Quays Business Park,
 Nottingham NG4 2JY. Further information about us is available at <http://www.greenwoodacademies.org>